

Children's House 2023-2024 Snack Schedule

Please provide snacks for the following dates. Feel free to switch with other families if the assigned dates don't work for your family and let Kate and Hannah know of this schedule change. Kindly add your family's assigned snack week(s) to your calendar.

Reminder: We are a NUT Free classroom. Please refrain from sending nut-based snacks.

Snacks should be dropped off on the **first day of your assigned snack week**. Our staff will prepare the food.

September

5 Cedar Tree
11 Ryan
18 Lennon
25 Wyatt P.

October

2 Ziyanni
9 Mabel
16 Nora
23 Zoey
30 Penelope

November

6 Nigel
13 Heron
20 Cedar Tree
27 Savonne

December

4 Oakley
11 Amba

January

2 Cedar Tree
8 Elora
16 Zayde
22 Della
29 Klara

February

4 Miriam
12 Nicholas
20 Gabor
26 Wyatt H.

March

4 Sasha
12 Leo
18 Ayla
25 Heron

April

8 Penelope
15 Zoey
22 Nora
29 Ryan

May

6 Lennon
13 Wyatt P.
20 Ziyanni
28 Nigel

June

3 Savonne
10 Cedar Tree

Children's House Snack Information

We ask each family to provide snack for our 25 students for two weeks during the school year.

Snack is a special opportunity for social connection and practical life skills. Children choose to have snack during their work period just as they would any other activity. The children use tongs and spoons to serve themselves snack and pour water into their cup. After they eat, they wash their dish and clean the table for the next person.

Cost

We want to acknowledge the cost that comes along with providing snack. If providing snack creates a financial hardship for your family, please tell us so that we can help supplement snack.

Below are suggestions for snacks:

Snack Ideas:

Protein

Hummus
Sunflower butter
Cheddar Cheese
Bean Dip
String Cheese
Cream cheese

Grain

Bagels
Tortillas
Pita Bread
Crackers
Pretzels
Rice Cakes

Fruit/Veggie

Carrots
Cucumbers
Red peppers
Apples
Dried fruit
Snap peas
Bananas

Please avoid bringing:

- Drinks are not needed for snack as there is water for students to drink throughout the day.
- All snacks that are high in sugar (Jello, cookies, cupcakes, and doughnuts) as excessive sugar can adversely affect some children.
- Shredded cheese, yogurt or other hard to eat food.

Allergies

If your child has any food allergies (soy, wheat, gluten, eggs, dairy) please let the teachers know and send some alternative snacks to school. We will keep these in a bin marked with your child's name for times when it is needed. Please check your child's bin periodically to make sure it is well-supplied with snack items.